PEACE BEYOND SUFFERING

ALL AUDIO FILES quick reference INDEX

A note regrading numbering - the first number on the left is the order of this list, the last number on the right [the number in brackets] is the number of the item in the relevant Collection. The info in parenthesis is the (location and year) when the item was recorded.

When you 'click' on any item it will link directly to the page where the audio file is located.

Collection Six

TEACHINGS / TALKS

- 96 Going for Refuge with Deeper Understanding (Melbourne 2016) [1]
- 97 Taking the Precepts with deeper Understanding (Melb 2016) [2]
- 98 Breath Meditation for Peace and Insight (Melb 2016) [3]
- 99 The Importance of a Daily Meditation Practice (Melb 2016) [4]
- 100 Experiencing and then Applying the Five Spiritual Powers (Melb 2016) [5]
- 101 Pulling the Rug from Under the Self-View (Melb 2016) [6]
- 102 Empty of Self Full of Peace (Melb 2016) [7]
- 103 Buddhas Enlightening Instructions on Breath Meditation (Malaysia 2016) [8]
- 104 Reading/Commentary on the Anattalakhana/Khemaka suttas (Malaysia 2016)
- 105 Wise Perspectives for deepening Practice (Malaysia 2016) [10]
- 106 Discovering and practicing the Middle Way [11]

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