

PEACE BEYOND SUFFERING

ALL AUDIO FILES *quick reference* INDEX

Note - the first number on the left is the order of this list, the last number on the right [the number in brackets] is the number of the item in the relevant Collection. The info in parenthesis is the (location and year) when the item was recorded.

Collection Six

TEACHINGS / TALKS

- 96 - Going for Refuge with Deeper Understanding (Melbourne 2016) [1]
- 97 - Taking the Precepts with deeper Understanding (Melb 2016) [2]
- 98 - Breath Meditation for Peace and Insight (Melb 2016) [3]
- 99 - The Importance of a Daily Meditation Practice (Melb 2016) [4]
- 100 - Experiencing and then Applying the Five Spiritual Powers (Melb 2016) [5]
- 101 - Pulling the Rug from Under the Self-View (Melb 2016) [6]
- 102 - Empty of Self - Full of Peace (Melb 2016) [7]
- 103 - Buddhas Enlightening Instructions on Breath Meditation (Malaysia 2016) [8]
- 104 - Reading/Commentary on the Anattalakhana/Khemaka suttas (Malaysia 2016) [9]
- 105 - Wise Perspectives for deepening Practice (Malaysia 2016) [10]
- 106 - Discovering and practicing the Middle Way [11]

Edition 02 October 2018