

PEACE BEYOND SUFFERING

ALL AUDIO FILES *quick reference* INDEX

Note - the first number on the left is the order of this list, the last number on the right [the number in brackets] is the number of the item in the relevant Collection. The info in parenthesis is the (location and year) when the item was recorded.

Collection Two

TEACHINGS / TALKS

- 22 - How to Use Collection Two (Melbourne, Australia 2010) [1]
- 23 - Recollecting Death and Cultivating and Awareness of Impermanence (Melb 2010) [2]
- 24 - Balancing Wisdom with Faith and Joy (Q and A session) (Melb 2010) [3]
- 25 - Excerpts from Suttas regarding Awareness of Death and Impermanence (Melb 2010) [4]
- 26 - Our Real Home - A talk of ven Ajahn Chah (reading) (Melb 2010) [5]
- 27 - Excerpts from teachings by Ven Ajahn Anan (reading) (Melb 2010) [6]

MEDITATIONS

- 28 - Recollecting the Death of Teachers, friends and Loved Ones meditation (Melb 2010) [8]
- 29 - Contemplating the Ever-present possibility of Death for Oneself meditation (Melb 2010) [9]
- 30 - Dying Peacefully from Old Age as a layperson - Visualisation (Melb 2010) [10]
- 31 - Dying Peacefully from old Age as a monk or nun - Visualisation (Melb 2010) [11]
- 32 - Dying at Home from Cancer as a layperson - Visualisation (Melb 2010) [12]
- 33 - Dying from Cancer in the Monastery as a monk or nun - Visualisation (Melb 2010) [13]
- 34 - Dying from Fever in the Jungle as a monk - Visualisation (Melb 2010) [14]
- 35 - Dying in the Bathroom as a lay person - Visualisation (Melb 2010) [15]
- 36 - Dying on the Footpath as layperson - Visualisation (Melb 2010) [16]
- 37 - Dying in a Plane as a monk or nun - Visualistaion (Melb 2010) [17]
- 38 - Dying on Pilgrimage in India as a monk or nun - Visualisation(Melb 2010) [18]
- 39 - Dying in the Jungle from Snakebite - as a monk - Visualisation (Melb 2010) [19]
- 40 - Charnal Ground Contemplation - Returning to the Elements - Visualisation (Melb 2010) [20]
- 41 - Consistently mindful of Death in This Life meditation (Melb 2011) [21]